

## Índice de Vida Feliz

### 5 Melhores e Piores Países

<i>melhores</i> > 64 anos		<i>médios</i> ± 42 anos		<i>piores</i> <20 anos	
Costa Rica	66.7	South Korea	46.9	Mozambique	16.4
Iceland	66.4	China	45.5	Togo	15.1
Danmark	65.0	Turkey	41.0	Tanzania	14.4
Switzerland	65.0	Romania	40.0	Burundi	14.3
Canada	64.0	Egypt	40.0	Zimbabwe	12.5

### Lista completa em ordem alfabética

<i>nation</i>	<i>Ssatisfação com a vida</i> <sup>1</sup> (escala 0 - 10)	<i>Expectativa de vida</i> <sup>2</sup> em anos	<i>Anos felizes de vida</i> <sup>3</sup> (HLY)
Afghanistan	4.1	45.9	<b>19.0</b>
Albania	4.6	76.2	<b>35.3</b>
Algeria	5.4	71.7	<b>38.7</b>
Andorra	6.8	83.5	<b>56.8</b>
Angola	4.3	41.7	<b>17.8</b>
Argentina	7.3	74.8	<b>54.9</b>
Armenia	5.0	71.7	<b>36.1</b>
Australia	7.7	80.9	<b>62.9</b>
Austria	7.7	79.4	<b>60.1</b>
Azerbaijan	5.3	67.1	<b>35.4</b>
Bangladesh	5.3	63.1	<b>33.3</b>
Belarus	5.7	68.7	<b>38.8</b>
Belgium	7.3	78.8	<b>58.6</b>

Belize	6.6	75.9	50.3
Benin	3.0	55.4	16.7
Bolivia	6.5	64.7	42.1
Bosnia	5.8	74.5	39.5
Botswana	4.7	48.1	22.6
Brazil	7.5	71.7	53.6
Bulgaria	4.4	72.7	34.1
Burkina Faso	4.4	51.4	22.4
Burundi	2.9	48.5	14.3
Cambodia	4.9	58.0	28.5
Cameroon	3.9	49.8	19.6
Canada	8.0	80.3	64.0
Central African Republic	4.6	43.7	20.2
Chad	5.4	50.4	27.0
Chile	6.6	78.3	51.4
China	6.4	72.5	45.5
Colombia	7.7	72.3	55.8
Congo (Brazzaville)	3.7	52.3	19.4
Congo (Kinshasa)	4.4	45.8	20.2
Costa Rica	8.5	78.5	66.7
Croatia	6.0	75.3	45.2
Cyprus	7.0	79.0	57.0
Czech Republic	6.5	75.9	49.3
Denmark	8.3	77.9	65.0

Djibouti	5.7	53.9	30.5
Dominican Republic	7.6	71.5	54.3
Ecuador	6.4	74.7	48.0
Egypt	5.7	70.7	40.0
El Salvador	6.7	71.3	47.6
Estonia	5.9	71.2	42.5
Ethiopia	4.2	51.8	21.8
Finland	7.9	78.9	62.3
France	6.6	80.2	52.8
Georgia	4.3	70.7	30.1
Germany	7.1	79.1	55.2
Ghana	5.2	59.1	30.9
Greece	6.3	78.9	51.5
Guatemala	7.2	69.7	49.8
Guinea	4.5	54.8	24.7
Guyana	6.5	65.2	42.6
Haiti	3.9	59.5	23.3
Honduras	7.0	69.4	48.7
Hong Kong	6.0	81.9	49.2
Hungary	5.5	72.9	40.8
Iceland	8.2	81.5	66.4
India	5.5	63.7	35.1
Indonesia	6.1	69.7	43.8
Iran	5.8	70.2	40.9

Iraq	4.7	66.5	31.1
Ireland	7.6	78.4	60.9
Israel	6.9	80.3	54.5
Italy	6.7	80.3	54.4
Ivory Coast	4.5	47.5	21.1
Jamaica	6.7	72.2	48.5
Japan	6.2	82.3	50.8
Jordan	6.2	71.9	42.5
Kazakhstan	6.1	65.9	40.4
Kenya	3.4	52.1	19.1
Kosovo	5.4	72.1	38.9
Kuwait	6.6	77.3	51.0
Kyrgyzstan	5.5	65.6	36.3
Laos	6.2	63.2	39.4
Latvia	5.3	72.0	39.1
Lebanon	4.7	71.5	33.7
Liberia	4.3	51.0	21.8
Lithuania	5.5	72.5	41.8
Luxembourg	7.7	78.4	60.7
Macedonia	4.7	73.8	33.8
Madagascar	3.7	58.4	21.8
Malawi	4.8	46.3	22.1
Malaysia	6.6	73.7	48.3
Mali	4.7	53.1	25.0

Malta	7.1	79.1	<b>56.0</b>
Mauritania	5.0	63.2	<b>31.3</b>
Mexico	7.9	75.6	<b>59.5</b>
Moldova	4.9	68.4	<b>33.2</b>
Mongolia	5.7	65.9	<b>37.3</b>
Montenegro	5.2	74.5	<b>38.7</b>
Morocco	5.3	70.4	<b>37.8</b>
Mozambique	3.8	42.8	<b>16.4</b>
Namibia	5.2	51.6	<b>26.8</b>
Nepal	5.3	62.6	<b>33.3</b>
Netherlands	7.6	79.2	<b>60.6</b>
New Zealand	7.5	79.8	<b>59.7</b>
Nicaragua	7.1	71.2	<b>51.0</b>
Niger	3.8	55.8	<b>20.9</b>
Nigeria	5.7	46.5	<b>26.3</b>
Norway	7.9	79.8	<b>62.4</b>
Pakistan	5.4	64.6	<b>32.5</b>
Palestina	5.0	72.9	<b>36.1</b>
Panama	7.8	75.1	<b>58.5</b>
Paraguay	6.9	71.3	<b>49.0</b>
Peru	6.3	70.7	<b>44.0</b>
Philippines	5.5	71.0	<b>42.8</b>
Poland	6.3	75.2	<b>48.1</b>
Portugal	5.7	77.7	<b>44.6</b>

Qatar	6,8	76.0	<b>50.6</b>
Romania	5.7	71.9	<b>40.0</b>
Russia	5.6	65.0	<b>36.3</b>
Rwanda	4.3	45.2	<b>19.5</b>
Saudi Arabia	6.5	72.2	<b>47.0</b>
Senegal	4.5	62.3	<b>27.9</b>
Serbia	5.6	72.4	<b>40.5</b>
Sierra Leone	3.6	41.8	<b>15.0</b>
Singapore	6.7	79.4	<b>54.6</b>
Slovakia	5.8	74.2	<b>43.3</b>
Slovenia	6.9	77.4	<b>53.3</b>
South Africa	6.0	50.8	<b>29.6</b>
South Korea	6.1	77.9	<b>46.9</b>
Spain	7.3	80.5	<b>58.8</b>
Sri Lanka	5.1	71.6	<b>36.2</b>
Sudan	5.0	57.4	<b>28.6</b>
Sweden	7.8	80.5	<b>62.8</b>
Switzerland	8.0	81.3	<b>65.0</b>
Syria	5,9	70.0	<b>43.4</b>
Taiwan	6.2	76.4	<b>47.4</b>
Tajikistan	5.1	66.3	<b>33.8</b>
Tanzania	2.6	51.0	<b>14.4</b>
Thailand	6.6	69.6	<b>45.8</b>
Togo	2.6	57.8	<b>15.1</b>

Trinidad-Tabago	7.0	69.2	<b>48.7</b>
Tunisia	5.9	73.5	<b>43.3</b>
Turkey	5.8	71.4	<b>41.4</b>
Uganda	4.5	49.7	<b>23.9</b>
Ukraine	5.0	67.7	<b>33.7</b>
United Arab Emirates	7.3	78.3	<b>57.2</b>
United Kingdom (Britain)	7.2	79.0	<b>56.9</b>
United States of America (USA)	7.4	77.9	<b>58.0</b>
Uruguay	6.8	75.9	<b>51.2</b>
Uzbekistan	6.0	66.8	<b>40.4</b>
Venezuela	7.2	73.2	<b>53.0</b>
Vietnam	6.1	73.7	<b>45.0</b>
Yemen	4.8	61.5	<b>29.4</b>
Zambia	5.0	40.5	<b>20.1</b>
Zimbabwe	2.8	40.9	<b>12.5</b>

Detalhes técnicos:

1. Average enjoyment of life assessed by means of surveys in general public samples. Data taken from [RankReport 2009-1d](#).
2. Life expectancy is estimated on the basis of civil registrations of birth and death around 2005. Source: Human Development Reports. table 1. Missing cases taken from World Life-expectancy Chart <http://geography.about.com/library/weekly/aa042000b.htm>
3. 'Happy Life Years' is an estimate of how long and happy the average citizen will live in that nation in this era. Computation: 0-1 enjoyment of life multiplied by expected length of life
  - Also referred to as: "Happy Life-Expectancy" (HLE) or "Happiness Adjusted Life-Years", shortened as "HALY's (Analogous to Disability Adjusted Life Years. or "DALY's).
  - This variable is described in more detail in Veenhoven. R. [Happy Life Expectancy. A comprehensive indicator of quality of life in nations](#). in: Social Indicators Research. 1996. vol.39. pp. 1-58

- Further argumentation of theoretical significance of this measure can be found in Veenhoven. R. [The four qualities of life: Ordering concepts and measures of the good life](#), in Journal of Happiness Studies. 2000. vol. 1. pp. 1-39
- This measure scored highest in a scholarly review of indicators. See: Hagerty. M.. et. al. 'Quality of Life indexes for national policy: Review and agenda for research'. Social Indicators Research. 2001. vol. 55. pp. 1-96.

This list is included in the SPSS datafile [States of Nations](#) as variable HLY\_LSBW10.11\_2000.09

**Cite as:**

Veenhoven. R.. *Happy Life Years in 148 nations 2000-2009*. World Database of Happiness. Rank Report 2009-2d. Internet: [worlddatabaseofhappiness.eur.nl](http://worlddatabaseofhappiness.eur.nl)